

But how did you become an EIT Health Alumna? (FIRST SLIDE) Is the question that I hear the most in EIT Health events. (SECOND SLIDE) I have a bachelors degree in English Literature and currently I'm doing my masters in Migration Studies, and doing an internship at the Education Section of UNHCR, The UN Refugee Agency. So nothing related to health. However, the interdisciplinary approach that EIT promotes made me an EIT Alumna.

Let me tell you how I became an EIT alumna.

Last year, around this time, EIT Health co-hosted a Global Health Case Challenge on Sexual and Reproductive Health of Migrating Women with UNFPA and KU. Every team needed 5 members and from what I could tell every team was interdisciplinary. There were two medicine, two public health students in my team. We completed each other in many ways. I have been working with refugees and migrants so I know the social and cultural challenges they face. And the rest of my team had the knowledge about the medical challenges both the migrating people and also the medical personnel working for them might face. We worked together on the challenge for 24 hours.

And my team did not win. However, the winning team came up with a brilliant idea: a block chain to store data to track pregnancy and also the development of the infant. Explain the winning project.

So long story short, I became an alumna through it. (THIRD SLIDE) How did becoming part of the EIT Health alumni support me in my humanities studies? There are mainly two ways: one through providing an ever-expanding multi-disciplinary network, two through providing opportunities for professional development. I will start with the opportunities for professional development.

Once I became an alumna, I started receiving emails about the opportunities out there for the alumni. I'll be honest: most of them are for "health" people, I thought until I received an email about a training course on how to prepare micro-learning nuggets. (FOURTH SLIDE) I was lucky enough to receive a scholarship to attend one-day training that took place in Leiden, the Netherlands, supported with online courses of the LMS of Leyden Academy.

The rest of the group were health-care professionals and I was the only "humanities" person of the group. Now question that I kept hearing helped me shape my project. The question was: But how will you combine migration, education and health?

Right now, inspired by some of the people I met there, I'm working on preparing a series of micro-learning nuggets for women on the move to raise awareness about menstrual cups. That particular question prompted me combine migration, education and health!

One day, again I received an email telling that EIT Health Scandinavia was looking for a volunteer to join the Alumni Board as the manager for Scandinavia region. I was hesitant in the beginning acknowledging my lack of health-care background, but also aware of my years of experience as a teacher and also as an organizer and facilitator of workshops. It turned out that what EIT Health needed was a good organizer and facilitator so I became the Alumni Board Manager for Scandinavia. This brings me to the second way EIT Health supported me with, which are EIT Alumni Networking Sessions and Events.

I had the opportunity to join two of these events. One of them was in Budapest and the other one was in Copenhagen. I will talk about the one in Copenhagen. We held a networking session for 13 people the day before DTU High-Tech Summit. Three of the participants co-designed the session. As a former teacher, I facilitated the ice-breaking activities. One of our alumni -before the event- matched all the participants with the companies that would have booths in the summit. Miriam, facilitated the speed-pitching activity that acted as a rehearsal for the summit. Miriam and I co-facilitated the feedback part of the session.

I would like to share a short video clip from the event in Budapest. (FIFTH SLIDE) -

The outcome of the networking session in Copenhagen on a personal level was great because all the Alumni working in the field of health were very much interested in hearing about the challenges that migrants and people on the move face and one of them said: Ayşe, If you do not know the problem/challenge then you

can't come up with the solution! So tell me a health-related problem they face and we will work on a solution together!

That sentence sums up my experience with EIT Health so far! (SIXTH SLIDE)

In short, becoming an Alumni Board member provided me with an ever-expanding network, opportunities for professional development and last but not least the chances of traveling all over Europe! Thanks to EIT I'm in this beautiful country on this beautiful day! Thank you.